

Oregon Aging and Disability Resource Connection

Local Services

Community Dinner and Food Pantry

First Christian Church - Medford

1900 Crater Lake Ave Medford, OR 97504 (Main)

541-772-8030 (Main)

541-857-9827 (Fax)

Web site www.mfccor.org

Medford First Christian Church offers a free weekly community dinner to all with the goal of relieving food insecurity and to make opportunities for socialization and building community. They further offer a food pantry for low income residents of Jackson County. Food pantry is now open every Monday from 11:30 am - 1:30 pm. Thursday night dinners are still being held from 5:00 PM to 7:00 PM for individuals who can pick up a to go box. There are no seconds and you must be present to receive a meal.

1st Phoenix Community Center

Phoenix Community Kitchen

121 West 2nd Street Phoenix, OR 97535 (Main)

541-543-6874 (null)

Web site <https://www.facebook.com/pages/Phoenix-Community-Kitchen/180656732032280>
<https://www.1stphoenix.org>

There is a community dinner served every 2nd Thursday of the month from 5:00 PM to 6:30 PM and it is free for the entire community. The clothes closet is available to Phoenix residents on Saturday from 8:00 AM to 12:00 PM and Wednesdays from 1:00 PM to 3:00 PM. Food pantry is available on Saturdays from 8:00 AM to 12:00 PM. Donations are accepted.

Teresa McCormick Center

Teresa McCormick Center

2500 S Pacific Highway Medford, OR 97501 (Main)

541-864-5000 (Main)

Web site <http://www.tmaconline.org/>

Teresa McCormick Center (TMAC) helps people in need by providing supplemental food, used clothing, and resource referral assistance. Classes are no longer available, however the classroom is available to outside organizations.

ACCESS Nutrition Programs

ACCESS

P.O. Box 4666 Medford, , OR 97501 (Mailing)

3630 Aviation Way Medford, OR 97504 (Main)

541-779-6691 (Main)

541-779-8886 (Fax)

Web site <http://www.accesshelps.org/Page.asp?NavID=420>
<http://www.accesshelps.org/SectionIndex.asp?SectionID=6>

Access offers several nutrition services. Emergency food boxes and a list of food pantries and soup kitchens serving low income individuals in Jackson County. The pantries provide a variety of fresh and shelf-stable groceries to low-income families and individuals. Each food box contains a 3-5 day supply of food. The Senior Focus Food Pantry provides monthly food boxes to low income seniors in Jackson County - check out their website for times and locations.

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St. Mark's Food Pantry

St. Mark's Episcopal Church

140 N Oakdale Street Medford, OR 97501 (Main)

541-773-3111 x (Main)

Web site <http://www.stmarks-medford.org>

Food resource for those in need. St. Mark's is open every Wednesday from 9:15 to 11:15 AM, and has both perishable and non-perishable foods available. Foodstuffs provided mostly by parishioners, local farmers, Medford Food Bank and ACCESS.

St. Vincent de Paul Food Projects

St. Vincent de Paul - Jackson County

2424 North Pacific Highway Medford, OR 97501 (Main)

541-772-3828 x (Main)

Web site <http://www.stvincentdepaulmedford.info/pantry.html>
<http://www.stvincentdepaulmedford.info/dining-room.html>

Bag Lunches served Monday through Friday at the Dining room door. Food pantry supplies bags of groceries to those who are in need (during bag lunch distribution) on the last Friday of each month, 11 am - 1 pm. Days may vary during Thanksgiving and Christmas.

The Gleaners Network Food Pantry

The Gleaning Network of Southern Oregon

201 Bateman Rd #12 Central Point, OR 97502 (Main)

PO Box 5214 Central Point, OR 97502 (Mailing)

541-665-1500 (Main)

Web site <http://thegleaningnetwork.org>

Gleaning volunteers pick produce left after harvest and shares with a low-income senior or person with disabilities. Volunteers will provide emergency food boxes for families in need - one box in a 6 month period per family.

Table Rock Fellowship Food Pantry

Table Rock Fellowship

3610 N. Pacific Hwy Medford, OR 97501 (Main)

541-245-2612 x (Main)

Web site tablerockfellowship.org/home

Table Rock Fellowship Food Pantry offers non-perishable food to those in need. Emergency cat and dog food available if they have any in stock. The local pantry is located at 2991 North Pacific Highway, Medford 97501. The food pantry will deliver food boxes to homebound seniors and the disabled for transitional, temporary purposes. Consumers need to fill out a form with the church and there is no guarantee they will get on a food delivery list. Here is the online link to the food delivery request form:

<https://trf.churchcenter.com/people/forms/123917>

Ashland Emergency Food Bank

Ashland Emergency Food Bank

PO Box 3578 Ashland, , OR 97520 (Mailing)

560 Clover Lane Ashland, OR 97520 (Main)

P.O. Box 3578 Ashland, OR 97520 (Mailing)

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541-488-9544 (Main)

Web site <https://www.facebook.com/AshlandEmergencyFoodBank>
www.ashlandefb.org

We provide a three day supply of food to residents of the Ashland and Talent areas. Ashland Community Food Bank offers a limited Home Delivery program to housebound residents. Clients can receive service twice per month.

The Lord's Storehouse

Redwood Christian Church

4995 Redwood Ave Grants Pass, OR 97527 (Main)

541-474-0778 (Main)

541-228-9182 (Fax)

Web site <https://www.redwoodchristian.org>

Programs that acquire food products and distribute the food to people who are in need.

Josephine County Food Bank

Friends of Josephine County Food Bank

3658 Upper River Road Grants Pass, OR 97526 (Main)

541-479-5556 x (Main)

541-476-6268 (Fax)

Web site <http://www.jocofoodbank.org/index.html>

The Josephine County Food Bank is a regional food bank serving all of Josephine County through their network of 9 pantries, 5 community kitchens, and 21 supplemental agencies. The Food Bank is just the distribution warehouse and no food is distributed at the warehouse. With the help of volunteers staff, they distribute food to low and no income individuals and families in communities all over Josephine County.

UCAN - United Community Action Network

United Community Action Network - UCAN

900 SE 8th Street Grants Pass, OR 97526 (Main)

541-956-4050 x (Main)

Web site <http://www.ucancap.org/>

UCAN reception desk is open to the public at this time. Programs/Services are being scheduled by phone. UCAN is a private non-profit Community Action Agency serving Douglas and Josephine Counties that provides resources for low income families and individuals; Programs include food, housing, utility assistance, weatherization, Prescription Assistance, SHIBA, transportation, volunteer services and case management for some programs.

Dorcas Food Pantry and Soup Kitchen

Grants Pass Seventh-Day Adventist Church

1360 NE 9th St. Grants Pass, OR 97526 (Main)

541-476-2052 x (Main)

Web site <http://www.grantspasschurch.com/>

Provides food products through donations, canned food drives, food bank programs or direct purchase and distributes the food and related items to people who are in need.

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Emergency Food Network - Cave Junction

The Illinois Valley Family Coalition

535 East River Street Cave Junction, OR 97523 (Main)

541-592-6139 (Main)

541-592-6786 (Fax)

Web site <http://www.ivfc.org>

The Illinois Valley Family Coalition provides emergency food boxes for those in need. Call staff to confirm availability. Meals are provided at Jubilee Park, Cave Junction every Wednesday from 12:00 PM to 2:00 PM.

Double Up Food Bucks (DUFBS)

Farmers Market Fund

240 N Broadway Street Suite 129, Portland, OR 97227 (Main)

503-241-0032 (Main)

Web site <http://doubleuporegon.org>

Get more fruits and vegetables when you spend your Oregon Trail Card SNAP dollars at participating farmers markets, grocery stores, CSA's, and farm stands. If you spend \$20 of your SNAP dollars at a participating farmers market or farm stand, you will receive another \$20 to buy more locally grown fruits and vegetables. At grocery stores, you can earn a dollar for dollar match, up to \$20 per day, when you purchase fresh fruits and vegetables with SNAP benefits. Purchase a CSA share with SNAP and Double Up will cover half the cost of your share! Check website for more info and participating locations.

Oregon Food Bank

Oregon Food Bank

7900 NE 33rd Drive Portland, OR 97211 (Main)

800-777-7427 (Toll Free)

503-282-0555 (Main)

Web site <https://www.oregonfoodbank.org/>

Oregon Food Bank distributes emergency food to hunger-relief agencies throughout Oregon. Services include food boxes, shopping-style pantries, meals, harvest share, community basket and a food finder location search.