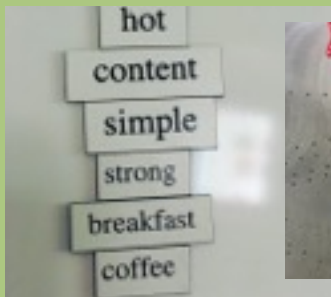
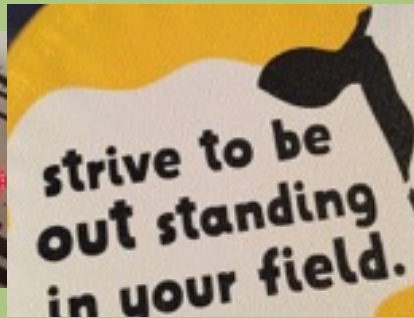


BRIGHT SUN DISPATCH



RCC FACULTY SENATE



November 23, 2018

COMMUNICATION IS THE NAME OF THE GAME:

AND WE ARE WORKING TO MAKE SURE EVERYONE IS GETTING THE WORD IN ALL THE WAYS YOU WANT IT!! THE [WEBSITE](#) HAS BEEN UPDATED, THANK YOU ELIZABETH BUTLER!! AND AS YOU LET US KNOW YOUR INTEREST IN FACULTY SENATE, YOU WILL BE SENT OUTLOOK CALENDAR INVITES TO ALL OF OUR MEETINGS...EASY PEASY LEMON SQUEEZY!! JUST SEND US AN EMAIL FOR MORE INFO AND WE'LL GET YOU ON THE LIST.



20 Minute Mentors

The library is looking for volunteers from the Faculty Senate to help organize and present the "Lunch and Learn" series, where we invite faculty to view and discuss a "20 Minute Mentor" video. We're looking at two sessions per term, located at and with lunch provided by the library, and rotating between campuses. The volunteer senator would select a video and guide the conversation.

For more information on our "20 Minute Mentor" subscription, including how to create an account, please visit: <https://intranet.roguecc.edu/20minute.asp>

Thanks! ~Robert Felthousen, MLIS, Library Dept. Chair, (541) 956-7147

Hey Folks! This is one of your Co-Chairs, Marina Whitchurch. Sorry this Newsletter is coming to you a little late in the month. We've been super swamped with projects and things just keep popping up. I guess that's better than being bored, huh?

Anyway, we have our **last meeting coming up before the break at Table Rock on this Friday, the 30th from 10am to noon in room 122**. We need to talk about our agenda for next term, some feedback Leo needs from us, and some outreach to our colleagues. Team building, friends! Yes...I promise an enjoyable meeting!! See you then!





Leo's Corner

Joining us for the start of most meetings will be Dr. Leo Hirner, our VP of Instruction to offer us his insight and

understanding from the administrative side of things. At the last Senate meeting we had Leo sit in for the full meeting and then he led the second half of our meeting. While an umbrella message of 'shared governance' was the theme of the day, Leo's message

was much more succinct for the Senate. We need to, as a body, pay particular attention to, three areas: 1) Policy & Procedure, 2) Academic Affairs, and 3) Curriculum. It comes down to communication. For instance, we solicit feedback, such as with the Professional Development Forms, and you examine forms and send feedback. Easy. Needing people on committees such as CASC and Program Review. Needing people to come to Faculty Senate and represent their department so that we can have empowering conversations that lead us to make informed decisions. So come to the next meeting. Be informed, yo. ;-)



Green Zones!!

By Dorothy Fine and Marina Whitchurch

We recently attended our Veteran's Resource Center Green Zone training and I must say that this was one of the most rewarding, informative, and critical professional development opportunities we've been too! Well worth the time spent. For more information go to <https://web.roguecc.edu/veterans-services/green-zone-training-signup-form> If you work or attend RCC...this is a must-do!



Active Zones!!

By Marina Whitchurch

Ok, so some of you are thinking, what the what?!?! It's cold out there. It's time to hibernate. Comfort foods. Hunker down and wait for signs of spring. I used to be right there with you. But then I began to enjoy a little thing called endorphins! And that led to clean eating. And that led to hanging out with better friends! Like **Chelsea Fine!** And she told me about things like **Blue Zones**. Check out the flyer she sent me down below for more information on how you can start feeling better, too!



Shhhh Zones!!!

By way of Robert Felthousen

Check out our new "digs" in the RWC Library! Heck yes...we talk about it and we do it! LOL! Robert and his groovy team put together a Faculty Senate Library in the Education Section (apropos)! So if you are looking for some inspiration and motivation in your own teaching, or you'd like to start a book club in your department, here is a great place to start...a little pedagogy with your morning cup o' joe? Well, thank you, Robert, don't mind if I do.



What is the Blue Zones Project?

Blue Zones Project is a community well-being improvement initiative designed to change the way people experience the world around them. By impacting environment, policy, and social networks, Blue Zones Project makes healthy choices easier. As a result, people can live longer, better, and communities can lower healthcare costs, improve productivity, and boost national recognition as a great place to live, work, and play.

In support of Oregon's Healthiest State initiative, Blue Zones Project encourages changes to our community that lead to healthier options. By bringing residents, worksites, schools, restaurants, grocery stores, and government together, Blue Zones Project will inspire a community movement that has the power to improve the quality of life for everyone.



Thursday, Nov. 29th

RCC - Redwood Campus - Room CH7
3345 Redwood Hwy, Grants Pass, OR 97527
4:00 p.m. – 5:00 p.m.

**Please join us for a chance to learn
about what the Blue Zones Project is,
why the Blue Zones Project is in
Grants Pass, and how you can get
involved!**

oregon.bluezonesproject.com
jason.maki@sharecare.com

