

bright sun

SPECIAL
"COVID-19"
EDITION
MARCH 2020



Hello RCC Faculty! And Welcome to this Special Edition for March 2020!

[dictionary.com](https://www.dictionary.com) word of the day March, 20, 2020: "stir-crazy" ... indeed...

"We can't let this take us down, Mary!! I can't...what if?... I don't know if I can... Mary!! Help...meeeeeee....." and I started to laugh-cry-laugh, you know...that response where you really don't know if you're being punk'd or not and you're secretly hoping that you are.

"We're going to get through this, Marina. It's going to be okay."

I knew that. I really did. I just needed to hear her say it. Someone else. A familiar voice. Someone I trusted and someone I knew...was in the same dang boat as me.

We are in a new era of communication. It is no longer about "me". It is about "we". About "us". The way that we cultivate our relationships; communicate with one another and in groups; and communicate in social media...and change social media....

We are stepping into a new time and WE have the power to do great things. If we decide to. There is an amazing movement: WE DAY www.we.org And just in time for COVID-19 Season (I jest...please hear my belly laughter...) They are starting some engaging topics on Monday, March 23 - Friday, March 27 with "Mindful Mondays", "Teacher Tuesdays", "Wellness Wednesdays", "Take Action Thursdays", and "Feature Fridays"!

Sign up @WEteachers @WEmovement we.org Facebook, Instagram or Twitter. Like I

said, we are entering a new era, a new time, and I believe...

When it's WE...it can always be done. I told you so, Mary. ;) {~xoxo~}

faculty coffee klatch

No Foolin'! Beginning "Week Zero" on Wednesday, April 1, Faculty Senate will be hosting a coffee klatch at 9am in ZoomLand for all Faculty. *'Bring' your coffee and donuts and let's support each other into Spring.

Here's What You Can
Access for Free Right Now

 3/19

From housebeautiful.com by Isabel Garcia, there are countless services "From streaming fitness classes to virtual museum tours" and many are free for you and your family to take a virtual 'staycation' while we're all under quarantine. On the list: Aquariums and zoos from Cincinnati and Houston, as well as the Smithsonian's National Zoo! * Amazon Prime is offering some great deals and Met Opera & Broadway HD will keep those toe shoes dancing! * Scholastic Education courses are perfect for those at home with littles and many courses are free! * And to keep you moving: Barry's Bootcamp, CorePowerYoga, Rumble, Planet Fitness,... and more!!!!

COMM

Okay...we have some new 'toys' to keep us occupied while we work from home. You're going to need to be familiar with all of them as we move forward into a new era of communication. So go "old school" first, take a deep dive through your email during the break & familiarize yourself with all the correspondence from our very own WHO'S WHO AT RCC:

IT Department

fri, 3/13

The first email about ZOOM is sent out from Joshua Ogle & Curtis Sommerfield regarding the activation of zoom accounts

mon, 3/16

Remote Access from Joshua Ogle and Curtis Sommerfield will give you directions on accessing the remote server from off site. *Mac instructions 3/20, M. McClure...FYI!

mon, 3/16

Online Training for Zoom, Blackboard, and Ally all online and via Zoom. From Joshua Ogle, et al.

VP Instruction

sat, 3/14

Information for Faculty Updates & Info regarding continuity of learning for our students from Juliet Long contains dates and procedures

mon, 3/16

Preparing for Remote Work For Instructional Division and Remote Instruction for Faculty trainings, next steps, expectations *4:20pm*

wed, 3/18

IMPORTANT REMINDER:
Final Exams and Alternative Assignments *IMPORTANT INFORMATION BEFORE YOU SUBMIT GRADES*

Our President

fri, 3/13

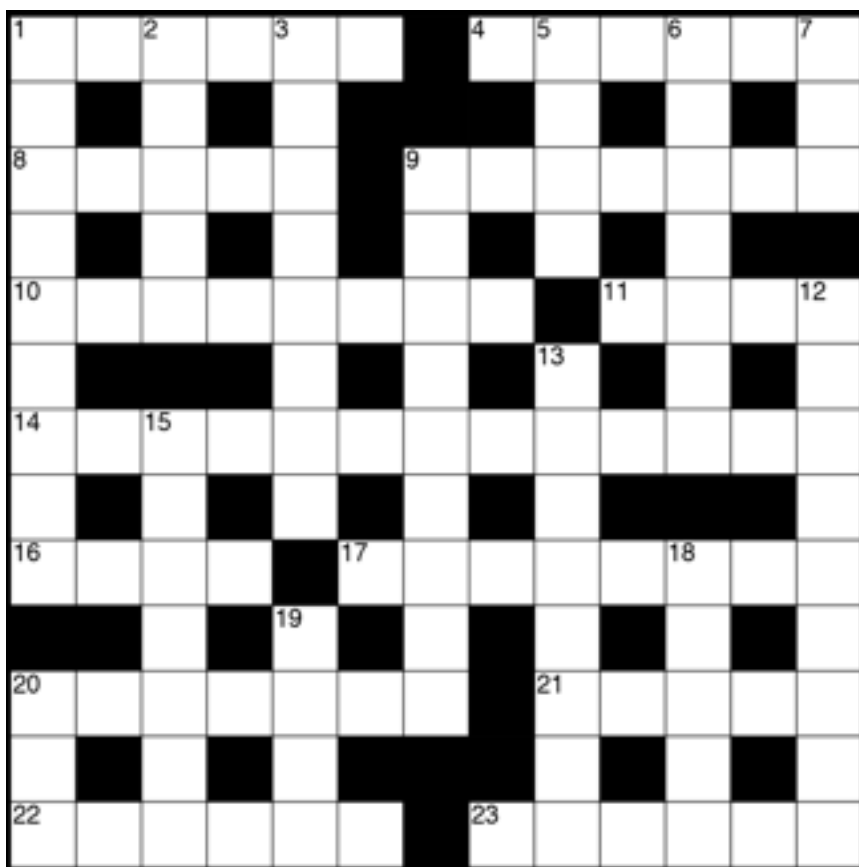
Things You Should Know: Continuity of Services. Plans for Spring Break and Spring Term. Including "COVID 19 Letter to College, 3 13 2020"

tue, 3/17

Coronavirus Version of "I Will Survive" <https://www.youtube.com/watch?v=CCe5PaeAeew&feature=youtu.be>

wed, 3/18

Things You Should Know: Extension of Distance Work and Learning *Friday, March 20, 2020 through Friday, June 26, 2020



| Reminder: | IT Department | VP Instruction | Other Folks |
|---|---|---|--|
| <ol style="list-style-type: none"> 1. breathe often, breathe deeply, even counts on inhale and exhale. 2. move at least 45 minutes a day. stretch. massage your body. self care. 3. limit your screen time. for yourself and your eyes!! | <p>wed, 3/18 Zoom integration with Teams from Michael McClure followed closely by Remote Access Tips and Requests</p> <p>thu, 3/19 Microsoft Teams Introduction for Online Collaboration including Teams Quick Start guide .pdf from Michael McClure</p> <p>thu, 3/19 Blackboard. Information about transitioning from Joshua Ogle. Especially important to those BRAND NEW to Blackboard.</p> | <p>thu, 3/19 IMPORTANT: Faculty Information for Spring Term updates as they come information as its available</p> <p>be a beacon of light for your students</p> | <p>fri, 3/20 From Wendy Jones, Risk Management Coordinator "Setting up your workstation remotely Ergonomics"</p> <p>find time to laugh... every day!</p> |

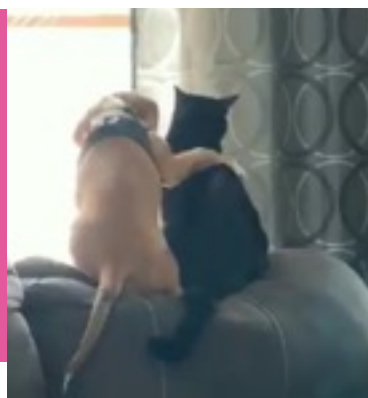
ACROSS

1. Relating to monkeys and apes
4. Hardest part of being human?
8. Summer Triangle star with Altair and Vega
9. Spiral cavity in the bony labyrinth
10. Dendrochronology marker (2 wds.)
11. Unit derived from the Latin for "twelfth"
14. Notable March event (2 wds.)
16. Organ of the integumentary system
17. Like the gardens of Xochimilco
20. Didactyl, as certain sloths (hyph.)
21. Eggs and sperm of aquatic animals
22. Testable scientific explanation
23. Groupers in a group, say

DOWN

1. Anxiolytic medications
2. Human : scabies :: canine : ____
3. Living among limbs
5. What a chemist keeps in a cellar?
6. Albino's shortage
7. Where a poet's livestock may graze
9. Changed from a fluid to a solid state
12. Like the cells in a beehive
13. 56-million-year period when conifers flourished
15. Subterranean plant stem
18. Insect in its adult stage
19. Niels who said, "You're not thinking; you're just being logical."
20. Mummified discovery of 1922, for short

There are some great apps (for desk tops and smart phones) out there to keep in contact with your family and your BFF's across the land. Some to consider are, of course, Skype, Marco Polo, House Party, Zello, Two Way, Apple Watch Walkie-Talkie, Voxer, or FireChat. For more info, go to: <https://www.lifewire.com/best-walkie-talkie-apps-4177105>



<https://www.the-scientist.com/speaking-of-science/ten-minute-sabbatical-67181> Thank you for the crossword puzzle!!

Social Distancing:

The newest addition to our lexicon...what else might we add to Miriam Webster in 2020?

1. home schooling, noun, verb, adj.
2. coulrophobia, noun.
3. megalodon, noun.
4. pronoid, noun & adjective.
5. sandboxing, noun.
6. puggle, adjective.
7. steek or steeking, noun, verb, adj.
8. zoom
9. teams or temes
10. corona

At our Coffee Klatch, as a *fun* way of introducing ourselves to each other, choose one of these brand new words (or old word with a "new use") and give it a definition when you introduce yourself! You can find the 'real' definition or make one up...just don't tell us...at the end, we'll try and guess who had the real definition and who was brave enough to bring some creativity to the game! (or if corona-cabin-fever is setting in!) Who's

"Look for the helpers"

We realize we have given you a great deal to mull over. Our hope is that we are giving you *just a few tools* to help make your personal & professional lives easier as you traverse this next term. We are not paid for, reimbursed, or otherwise compensated for any of the services in this newsletter. If you have any questions: mwhitchurch@roquecc.edu And as always, your Faculty Senators are always *HERE TO HELP!*



Notes From YOUR WEEK - Write 3 Positive Things You Learned:

An Excellent Email from The Library Faculty Team!

Sent on Friday, March 20 just before noon - our Library Team sent out a great email with lots of FREE (maybe not all, so ask!) resources...all at our fingertips! And if you can't find what you're looking for...ASK! There are 6 individual emails and 1 general email at the bottom of the message. Find a name, click, ask. In this crunchy time, we can't afford to wait till the last minute, so ask questions. These are our professional helpers!! And they have offered a HUGE BOUY!

- Open Educational Resources
- Openstax
- Kanopy
- and lots and lots of reference services like Turnitin, APA and MLA, and *NEW!* their Library Instruction Team on Microsoft.
- Open Textbook Library
- Films on Demand
- EBSCO Ebooks

Email librarian@roquecc.edu with any questions, concerns or comments. But check out that email first.... you'll be glad you did!