

BRIGHT SUN DISPATCH



**We did so much to be proud of this past year!
Let's Celebrate!!**

Fuschia: the symbol of elegance, good taste, confiding love and amiability.

We can start off with the biggest news of all... Accreditation! Yeah, we did it! In the middle of a pandemic, Zooming from our makeshift, at-home, coffee-just-down-the-hall, personal, teach-from-wherever

offices... WE DID IT!! Well, actually a lot of very important and highly valued members of the RCC community did it...we simply supported them through the process getting forms filled out and surveys taken and reports written. So everyone... congratulate yourselves...and a neighbor!

Other notable items to cheer about were the litany of guest speakers we've been bringing to meetings! From VP's to students, from Chairs to Coordinators and Deans...we've heard a plethora of amazing information throughout the year and it has helped us to connect in creative and productive ways.

We also continued our G.I.F.T.'s and will continue to do these in the future and, when we get back on campus, we will present them at In Service again! So think about what Great Idea For Teaching you can offer.



Meditation or Serenity Buddha for people seeking calm and to guide their meditation practice.



We've kept the Newsletter going and included pieces from our Reference Librarians; book/movie/doc/tv reviews; Terrie Sandlin's Sidebar, and we hope to include more as we head into a new academic year!

And then came Covid and we responded with...Coffee Klatches!

Take that, Corona...! Don't mess with RCC Faculty...we will always prevail in the end. And to that we say, thank you...for another great year. Have a great summer! ~Faculty Senate

TEACH PEACE

Dear RCC Faculty
and Staff,

For anyone who has not been following the news, you should be aware there have been a number of recent racist attacks against the black community in our country. The murders of Breonna Taylor and George Floyd by police in Kentucky and Minnesota and the murder of Ahmaud Arbery by civilians in Georgia have been some of only the most recent events in a long history of racial injustice in America. And while Kentucky, Minnesota and Georgia might be geographically distant from us here in Southern Oregon, the pain and tragedy of these and other instances of racism have a profound impact on all black Americans. As part of our responsibility and care for our students and campus community, we must make sure we are supporting our black students and colleagues. I encourage everyone to reach out to your black students and colleagues to see how they're doing during this difficult time and what, if anything, you can do to support them.

Also be aware that support means more than caring about racial issues in just this moment- it means doing the hard work of anti-racism and achieving racial equity all year-round. The burden of anti-racism work needs to be on us white faculty and staff, and not on our racial minority students and colleagues.

Jenny Shirley, MSN, RN
Nursing Instructor

Here are some
resources for this important work:

Eight Actions to Reduce Racism in College Classrooms: <https://www.aaup.org/article/eight-actions-reduce-racism-college-classrooms#.XtFrwplrzc>

The Anti-Racism Toolkit from the Association for Prevention Teaching and Research: <https://www.aptrweb.org/page/toolkitoverview>

Anti-Racist Resources List from Stonehill College: <https://libguides.stonehill.edu/c.php?g=932637&p=6722393>
(While these links won't work without an access code, the list provides information on some great resources that can be found/ accessed elsewhere)

Teaching Tolerance: Self-Guided Learning for Educators: <https://www.tolerance.org/professional-development/self-guided-learning>
(While this is geared primarily towards K-12 educators, there's many things that could be useful for the college level)

The Library Stacks:

From Tina Weyland...

Here are just a few of the Black Lives Matter resources we have at the library. For a more detailed list or more information, please contact tweyland@roguecc.edu

Books:

- A Colony in a Nation*, Chris Hayes
- Dangerous Subjects: James D. Saules and the rise of black exclusion in Oregon*, Kenneth R. Coleman
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness*, Michelle Alexander
- Racism without Racists*, Eduardo Bonilla-Silva
- So You Want to Talk About Race?*, Ijeoma Oluo

Articles:

- The Case for Reparations*, by Ta-Nehisi Coates
- The 1619 Project*, by Nikole Hannah-Jones

Other:

- Books and reports on Police Conduct, Race, and the Justice System*, from the Oakland Public Library
- The Charleston Syllabus*, created for educators after the 2015 shooting of worshipers in South Carolina
- Campaign Zero*, research studies and articles on the problem of police brutality



RCC Summer Recommendations List!

Books:

-From Jennifer Shirley: https://www.buzzfeednews.com/article/ariannarebolini/george-floyd-amy-cooper-antiracist-books-reading-resources?utm_source=pocket-newtab

-From Mary Middleton: *The Moment of Life* by Melinda Gates

-From Marina Whitchurch: *May Cause Love* from Kassi Underwood. It's heavy...have Kleenex at your side.

TV Series/Movies/

Documentaries/Podcasts:

-From Marina Whitchurch: Podcast (I listen for free on Spotify) "Unlocking Us with Brene Brown". She is my guru...and I don't use that word lightly!

-From Mary Middleton: *Bright Lights* (on Netflix), story of Debbie Reynolds and Carrie Fisher

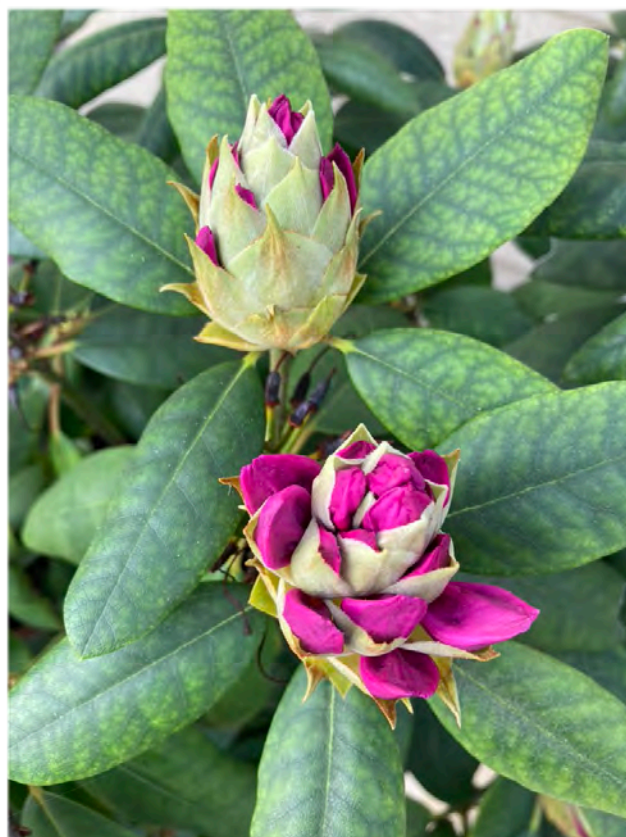
-From Marina Whitchurch: Crackle TV has all your fave's from the 70's and 80's! Right now we're watching *Barney Miller*. The social commentary could be 1976 or 2020.

Hiking Trails/Outdoor Activities:

-From Tom Pike: The East Applegate Ridge Trail is awesome. Flat, gorgeous views!
<https://www.applegatetrails.org/>

-From Marina Whitchurch: Water's Creek trail in Wilderville is beautiful. But get there soon before it gets buggy! Most beautiful in spring and fall. Easy to intermediate.

I also am a huge fan of the Rogue River Trail! I pick up the trail way out past Galice Resort and hike out to Whiskey Creek. Intermediate to hard. Bring hiking poles if you 'think' you might need them.



Recipes from your Garden

-I love these Rainbow Rolls from Live Naturally. Easy to make, great lunch or dinner, and once you learn how to work with rice paper...the possibilities are endless! ~Marina W.

<https://livenaturallymagazine.com/recipes/rainbow-rolls/>

-One of my go-to's! Spaghetini with Oil and Garlic from Lidia's Kitchen! And you can add any veggies or other goodies. And of course, you can make substitutions if you need GF

(or even Zoodles!) <https://www.delish.com/cooking/recipe-ideas/recipes/a4460/spaghetini-oil-garlic-recipe/>

~Mary Middleton "Buon Appetito!"

Some websites and mailing lists to add to your already full email box...but are GREAT for healthy recipes: Blue Zones, Live Naturally Magazine, and Forks Over Knives. All are free and offer way more than just recipes.

May your garden grow beautifully and your kitchen be buzzing! Have a beautiful and bountiful summer!!



Thank you.

Those 2 small words don't seem enough. But I do. Thank you for allowing me the opportunity to co-chair Faculty Senate these past 2 years. I'm incredibly proud of the work we've done and know that we will continue to grow and clarify our goals and vision for Faculty Senate's space here at RCC.

I would like to thank Dorothy Swain and Deb Murphy for helping me get these newsletters started. Working with these 2 women has been so very precious to me and I feel as though we have cultivated a wonderful working relationship and friendship.

I would also like to thank Amy Durst and Chelsea Kelsey. Ladies...I'm not really sure how anything gets done without you. And to have had to say goodbye to Chelsea half way through...painful! It reminds me how so very important and special ALL of our classified partners are to this crazy thing we call "higher education".

I want to say a special shout out to Mary Middleton. Thank you for coming on board and being part of the mighty M&M Team! I've learned so much from you, it's mind boggling. We should all take a moment to thank someone that has been a help or support to us. Mary, I'll always be the Kruk to your Kuip!! (If you're an SF Giants fan...you understand!)

And with that...I want to thank all of Faculty Senate, past and present...and future! I will continue serve you the best way I know how...by continuing and helping out with the Bright Sun Dispatch (if our new co-chairs will have me???)! And by continuing to learn from all of you...being present at the meetings and Coffee Klatches, learning and asking questions, and being an advocate for our Wildly Important Goals.

Only together, with strong voice, mind and body, can we be RCC STRONG.

Thank you! ~Marina Whitchurch

