

2024-2025 Massage Therapy Program

SAMPLE SCHEDULE

Day, times, and schedules are subject to change

FALL TERM – SAMPLE SCHEDULE					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00					
8:30		MT100 01 Basic Swedish (Choose T or Th class)		MT100 02 Basic Swedish (Choose T or Th class)	
9:00	MT108 01 Kinesiology RWC-K102				
9:30			MT108 01 Kinesiology RWC-K102		
10:00		MT100L 01 Basic Swedish Lab RWC-K108 10AM-11:50PM (Choose T or Th class)		MT100L 02 Basic Swedish Lab RWC-K108 10AM-11:50PM (Choose T or Th class)	
10:30	MT108L 01 Kinesiology Lab RWC-K108 (Choose M or W class)				
11:00			MT108L 02 Kinesiology Lab RWC K108 (Choose M or W class)	Or BI121L 02 Lab 10AM-1PM RWC-O134	
11:30					
12:00		Or BI121L 01 Lab 10AM-1PM RWC-O134			
12:30					
1:00		BI121 01 A & P I Lecture RWC-O132		BI121 01 A & P I Lecture RW- O132	MT115/MT115L Trigger Point Therapy RWC-K102/K108 (Elective)
1:30					
2:00					
2:30		MT101/ MT101L 01 RWC Asian Bodywork I RWC-K102/K103 (Choose T or F class)		MT114 Massage Study Skills Lab RW- K102/K108 (Elective)	
3:00					
3:30					
4:00					
4:30					
5:00					
5:30					

WINTER - SAMPLE SCHEDULE					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00					MT105 Massage Therapeutics: Hydrotherapy/Oncology Massage - Web
8:30		MT102/MT102L 01 Massage II RWC-K102/K108 (Choose T or Th class)		MT102/MT102L 02 Massage II Lab RWC-K102/K108 (Choose T or Th class)	
9:00					
9:30		Take BI122L on opposite day	MT106/MT106L 01 Integrated Studies in Massage I RWC-K102/K108 (Choose W or F class)	Take BI122L on opposite day	MT105L 01 Massage Therapeutics Lab: Hydrotherapy/Oncology Massage Lab RWC-K102/K108
10:00					
10:30					
11:00		BI122 01 A&P II RWC-O134	MT121/MT121L 01 Asian Bodywork II RWC-K102/K108 (Choose Winter or Spring term class)	BI122 01 A&P II RWC-O134	MT106/MT106L 02 Integrated Studies in Massage I RWC-K102/K108 (Choose W or F class)
11:30					
12:00					
12:30					
1:00		MT109 01 Pathology RWC-K102		MT109 01 Pathology RWC-K102	
1:30					
2:00					
2:30					
3:00					
3:30					
4:00					
4:30					

SPRING – SAMPLE SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00					
8:30					
9:00	MT113/MT113L Myofascial Release RWC-K102/K108 (elective)	MT180S CWE Seminar RWC-K102	MT107/MT107L Integrated Studies II RWC-K102/K108 (Choose W OR F)	MT121/MT121L Asian Bodywork II RWC-K102/K108 (If class not taken Winter term)	MT107MT107L Integrated Studies II RWC-K102/K108 (Choose W OR F)
9:30					
10:00					
10:30					
11:00					
11:30					
12:00		MT116 Massage Exam Review RWC-K102/K108			
12:30	MT118 Deep Tissue Massage RWC-K102/K108 (Elective)				MT120A+B 01 Business for MT Zoom/WEB
1:00					
1:30		MT112/MT112L Pregnancy, Infant and Child Massage RWC-K102/K108 (Elective)	MT103/MT103L Swedish RWC-K102/K108 (Choose W OR Th)	MT103/MT103L Swedish RWC-K102/K108 (Choose W OR Th)	MT180 CWE RCC Clinic RWC- /K108 (Different sites are available on other days and times)
2:00					
2:30					
3:00					
3:30					
4:00					
4:30					
5:00					
5:30					
6:00					
6:30					

Summer– SAMPLE SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00			MT119 Introduction to Craniosacral Therapy RWC-K102/K108 (Elective)		
9:00					
9:30					
10:00					
10:30					
11:00					
11:30					
12:00					
12:30			MT117 Body Maintenance for Massage Therapists RWC-K102/K108 (Elective)		
1:00					
1:30					
2:00					
2:30					
3:00					
3:30					
4:00					
4:30					