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Sept. 29, 2015

RCC Cross Country Has Best Finish This Year

GRANTS PASS/MEDFORD, Ore.--The Ospreys cross country team ran well at the Northwest Athletic Conference Preview Meet at Lewisville Park, Battleground, Wash. on Sept. 26. For the men, Shane Crowfoot finished 4th overall, clocking 8 kilometers at 25:52, and for the women, Allex Bachtell finished 20th overall in the 5 kilometers with a time of 21:05.

"I'm very happy with how everyone competed," said Coach Cole Watson. "Everyone from top to bottom had a personal best or seasonal best. This was a great effort by both men's and women's teams and gave us a great indicator of where we stack up against our conference!."

Rogue Community College men were 5th out of 10 teams in the 8k race. The women ran but did not field a full team and could not be counted in team race results.

Here are the finishes and times for all the Ospreys cross country runners:

Men

- 4. Shane Crofoot 25:52
- 25. Zach Blanco 27:15
- 27. Devin Rodman 27:23
- 35. Nigel Leonis 27:46
- 39. Tony Gil-Juarez 27:56
- 59. Cameron Merker 29:38

Women

- 20. Allex Bachtell 21:05
- 38. Katie Vermillion 23:34

For complete results, visit:

(Men) http://www.nwacsports.org/crosscountry/Results/2015/Sep26-NWACPreview-M.pdf



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(Women) http://www.nwacsports.org/crosscountry/Results/2015/Sep26-NWACPreview-W.pdf

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