

Massage Therapy

Holland code family: Helpers

Fall 2020 Program Admission

About the Program

The Massage Therapy four-term certificate program provides a comprehensive combination of classroom and hands-on experience in massage therapy. The courses and total hours meet the requirements for licensure application to the Oregon Board of Massage Therapists, the Federation of State Massage Therapy Board's Licensing Examination and National Certification Board for Therapeutic Massage and Body Work (NCBTMB) certification. Oregon law, however, sets the qualifications for certification of applicants. Grounds for denial of state licensure include physical or mental conditions that would make an applicant unable to safely conduct a massage, or conviction of a crime that bears a demonstrable relationship to the practice of massage. See Oregon Law 687.081.

Program Learning Outcomes

The curriculum in RCC courses is derived from a set of identified learning outcomes that are relevant to the discipline. Program learning outcomes for massage therapy are:

Communicate effectively in a professional manner with clients, members of the healthcare team, and others.

Demonstrate and document various assessment processes, recognizing health and non-health within the body.

Demonstrate ability to research pathologies and utilize clinical judgment using knowledge and problem-solving skills when creating and implementing a treatment plan.

Provide care for diverse populations of clientele and demonstrate a personal commitment to service and the profession of massage therapy.

Demonstrate ethical/legal behaviors and boundaries in the massage profession, identify and apply components of a business plan and the ability to bill insurance cases.

Utilize universal precautions and maintain a high level of sanitization of equipment and the facility.

Utilize a variety of soft tissue modalities to aid in the health and healing of one's body, and recognize how those modalities and massage skills combine to create different effects to meet the goals of clientele.

Use safe, efficient and effective body mechanics for injury prevention of the therapist and client as well as utilize, demonstrate, and instruct the client in self-care techniques.

Identify and describe components of the body systems, how homeostasis is maintained, effects of massage on the differing systems, and demonstrate safe movement through range of motion.

Entry Requirements

Students are required to complete the Placement Process to determine skill level and readiness in math, reading, and writing. As part of their training program, students must begin with the courses within their skill level as determined through the Placement Process. In addition, students may also be required to enroll in classes that would increase their employability and success.

Massage Therapy is a limited-entry program. Interested applicants must attend a mandatory massage therapy information meeting. The timeline for submitting program application materials for fall 2019 admission is April 1-June 24, 2019. Applicants will be accepted on a first-come, first-served basis once prerequisites are completed. It is recommended that students receive influenza, varicella-zoster, rubella, Hepatitis A, and Hepatitis B series immunizations prior to entering the program. A tuberculin test, drug and alcohol test, and a criminal background check may be required for Cooperative Work Experience activities. Students must attend a mandatory orientation prior to the beginning of fall term.

Advanced Standing

Coursework from accredited colleges and universities will be accepted in accordance with college policies and the Massage Therapy Department chair's approval. Sealed official transcripts and a transfer credit evaluation request must be submitted to RCC's Enrollment Services Office by May 1 to be considered in the application process. The transfer credit evaluation request may only be submitted online.

Graduation Requirements

Students completing all credits in this program with a grade of "C" or better will receive their certificates. Certain required courses are graded on a pass/no pass basis only. A grade of "P" for these courses indicates a student earned the equivalent of a "C" or better grade. Credits earned in this program can be applied to the Associate of General Studies degree.



Prerequisites

Course No.	Course Title	Credits
CG100	College Success and Survival or transcript showing at least 30 college credits within any academic year and at least a 2.0 cumulative GPA	0-2
MTH20	Pre-algebra or designated placement test score	0-4
PSY101	Psychology of Human Relations or BT101 Human Relations in Organizations ¹	3
WR115	Introduction to Expository Writing or BT113 Business English I or higher level composition ¹	<u>3-4</u>

Total Prerequisite Credits

6-13

Recommended Preparatory Courses

Course No.	Course Title	Credits
AH100	Medical Terminology: Introduction	3
BI211	General Biology I with lab	4

Required Courses

Course No.	Course Title	Credits
First Term		
CS/CIS	Approved 3-4 credit Computer Science or Computer Information Science class, CS120/CIS120 or above, or documented computer proficiency within the past ten years. ¹	0-4
HE261	CPR/Basic Life Support Provider or HE252 First Aid/CPR	1-3
MTH63	Applied Algebra I BT160 Business Math or higher level math OR MTH60 Fundamentals of Algebra I	4
—	Approved program elective(s)	<u>0-2</u> 5-13
Second Term		
BI121	Elementary Anatomy and Physiology I with lab or BI231 Anatomy and Physiology I with lab ²	4

MT100	Massage I – Basic Swedish	3
MT101	Asian Bodywork I	2
MT108	Kinesiology for Massage Therapists with lab	4
—	Approved program elective(s)	<u>0-4</u>
		13-17

Third Term

BI122	Elementary Anatomy and Physiology II with lab or BI232 Anatomy and Physiology II with lab and BI233 Anatomy and Physiology III with lab ²	4-8
MT102	Massage II – Swedish	2
MT105	Massage Therapeutics: Hydrotherapy and Massage for Cancer Patients	3
MT106	Integrated Studies in Massage I (Upper Body)	2
MT109	Pathology for Massage Therapists	4
MT121	Asian Bodywork II	<u>2</u>
		17-21

Fourth Term

MT103	Massage III – Swedish	2
MT107	Integrated Studies in Massage II (Lower Body)	2
MT116	Massage Exam Review	2
MT120A	Business for Massage Therapists	1
MT120B	Business for Massage Therapists	2
MT180	Cooperative Work Experience/Massage Practicum	1
MT180S	Cooperative Work Experience/Massage Seminar	1
—	Approved program elective(s)	<u>0-4</u>
		11-15

TOTAL PROGRAM CREDITS **50-60**

Approved Program Electives

(a maximum of 4 credits allowed)

Course No.	Course Title	Credits
BA109	Ready, Set, Work: Techniques for Landing a Job	2
BT250	Entrepreneurship	3
MT111	Sport Massage	2
MT112	Massage for Pregnancy and Infant/Child	2
MT113	Myofascial Release	2
MT114	Massage Therapy Study Skills Lab	1
MT115	Trigger Point Therapy	2
MT117	Body Maintenance for Massage Therapists	2
MT118	Deep Tissue Massage	2
MT119	Introduction to Craniosacral Therapy	2
MT180	Cooperative Work Experience/Massage	variable
MT199	Selected Topics: Massage	variable

¹ Required for graduation. Students who have successfully completed the 3-credit version of BT113 will have met the writing requirement.

² BI211 is a prerequisite for BI231. If BI231 is taken, students must also complete BI232 and BI233.

For more information contact the Massage Therapy Department:

Grants Pass or Medford 541-956-7066
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This advising guide is for advising purposes only. Please see current college catalog for additional information on specific college policies and graduation requirements.

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