

Basic Health Care

Holland code family: Helpers

About the Program

The Basic Health Care two term certificate prepares students for work in entry-level positions in the health care industry. Students gain knowledge and skills pertinent to work in the medical industry and are provided a basis of preparation to pursue further training and employment in allied health career fields and beyond. This certificate is unique in that it provides a diverse range of electives allowing students to select from a variety of specialty tracks that guide them toward completion of an additional certificate or degree program.

Additionally, the program provides support to health care employers through professional development for support workers in academic, personal effectiveness, workplace, and industry-wide technical health care competencies.

Program Learning Outcomes

The curriculum in RCC courses is derived from a set of identified learning outcomes that are relevant to the discipline. Program learning outcomes for the Basic Health Care Certificate program are:

Communicate effectively with awareness and sensitivity to diverse populations and needs.

Practice self-care in order to manage workplace stressors.

Developed ability to make effective decisions in a complex and dynamic environment.

Craft a professional style that integrates responsibility, accountability, respect and teamwork.

Foster and develop competency with regulations and language in healthcare systems.

Sharpen self-confidence and diplomacy within a professional skills set in order to advocate for the patient.

Excel at computer skills required for job performance.

Match natural abilities and interests with attributes and requirements for success in healthcare careers in order to identify and pursue potential career pathways.

Gain awareness of current issues and trends within the healthcare industry as well as the knowledge to locate current information concerning these topics.

Entry Requirements

Students are required to complete the Placement Process to determine skill level and readiness in math, reading, and writing. As part of their training program, students must begin with the courses within their skill level as determined through the Placement Process. In addition, students may also be required to enroll in classes that would increase their employability and success.

It is important that students work closely with an adviser to select courses appropriate to their career goals. Students who are enrolled in the Basic Health Care certificate are not given advanced placement into limited-entry programs described in the specialty tracks. Some tracks have limits and restrictions that could impede placement.

Advanced Standing

Coursework from accredited universities will be accepted in accordance with college policies and the program coordinator's approval. In order to ensure that coursework is current, program courses over five years old must be reviewed and approved by the program coordinator before being accepted toward core requirements. Each College Now credit student must meet with the coordinator to determine placement.

Graduation Requirements

Students completing the required credits in this program with a grade of "C" or better will receive their certificates. Certain prerequisite and required courses are graded on a pass/no pass basis only. A grade of "P" for these courses indicates a student earned the equivalent of a "C" or better grade.

Prerequisites

Course No.	Course Title	Credits
CS/CIS	Approved 3-4 credit Computer Science or Computer Information Science class, CS120/CIS120 or above, or documented computer proficiency within the past ten years.	0-4
MTH63	Applied Algebra I or MTH60 Fundamentals of Algebra I or higher level math or designated placement test score	0-4
RD90/WR90	College Reading/Fundamentals of Composition or WR91 Fundamentals of Academic Literacy (WR91 substitutes for both RD90 and WR90) or designated placement test score	0-8
Total Prerequisite Credits		0-16



Required Courses

Course No.	Course Title	Credits
AH100	Medical Terminology: Introduction	3
BI100SB	Biology of Human Body Systems ¹	3
CG155	Exploring Careers in Health Care ² or BT101 Human Relations in Organizations or PSY101 Psychology of Human Relations	3
HCI120	Introduction to Health Care Industry ² Health Electives (choose 3 to 4 credits from the following courses): HE112 Emergency First Aid HE250 Personal Health HE252 First Aid/CPR HE261 CPR/Basic Life Support Provider HPE295 Health and Fitness for Life PSY215 Life Span Human Development	3 3-4
WR115	Introduction to Expository Writing or BT113 Business English I or higher level composition Approved specialty track electives	3-4 <u>6-10</u>

TOTAL PROGRAM CREDITS

24-30

Specialty Track Electives (6-10 credits required)

Electives have been organized into tracks that will lead toward additional certifications or degrees. Any combination of 6-10 credits from the courses listed below will meet program requirements.

Additional coursework is required beyond Basic Health Care certificate courses to complete expanded certificate or degree programs. Some specialty tracks listed require admission through a limited-entry application process that could restrict student accessibility.

Community Health Worker (6 credits)

HC100	Community Health Worker	6
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Dental Assisting (Choose 8-9 credits)

BI211	General Biology I with lab	4
CHEM104	Introductory Chemistry I with lab and recitation	5
SP111	Fundamentals of Public Speaking	4
SRV101	Service Learning	1

EMT/Paramedic 1 (10 credits)

ES131, ES131L	Emergency Medical Technician Part I and Lab	4-1
ES132, ES132L	Emergency Medical Technician Part II and Lab	4-1

Exercise Specialist 1 (8 credits)

NFM225	Nutrition	4
SOC230	Introduction to Gerontology or PSY215 Life Span Human Development (if not taken as part of core)	4

Health Care Informatics (6 credits)

HCI210	Legal Aspects of Medical Records	3
HCI255	Introduction to Health Care Informatics	3

Human Services (Choose 7-8 credits)

CJ243/SOC243	Drugs, Crime and Addiction	4
HS158	Trauma-informed Care: Theory and Practice	3
SOC230	Introduction to Gerontology	4
PSY201	General Psychology I	4

Massage Therapy ^{1,3} (Choose 6-10 credits)

BI121	Elementary Anatomy and Physiology I with lab (if not taken as part of core)	4
MT100	Massage I – Basic Swedish ³	3
MT101	Asian Bodywork I ³	2
NFM225	Nutrition	4

Medical Administrative Assistant (Choose 6-10 credits)

CG144	Introduction to Assertiveness	1
EMS165	Introduction to Pharmacology for Health Occupations	2
SPAN101/102/103	First Year Spanish I, II, III	4-4-4
SRV101	Service Learning	1

Medical Assistant (Choose 6-10 credits)

AH110	Medical Terminology: Clinical	3
BT111	Conflict Management	2
CG144	Introduction to Assertiveness	1
CG155	Exploring Careers in Health Care (if not taken as part of core)	3
SP100	Basic Communication	3
SRV101	Service Learning	1
WR110	Understanding English Grammar	2

Medical Coding Specialist (Choose 7-10 credits)

CG155	Exploring Careers in Health Care (if not taken as part of core)	3
CIS125SS	Spreadsheet Applications	4
SOC213	Race and Ethnicity in the U.S.	4
SPAN101/102/103	First Year Spanish I, II, III	4-4-4

Nursing 1 (Choose 8 credits)

BI211	General Biology I with lab	4
NFM225	Nutrition	4
PSY201	General Psychology I	4
SP111	Fundamentals of Public Speaking	4

Pharmacy Technician (Choose 6-10 credits)

CG144	Introduction to Assertiveness	1
CG155	Exploring Careers in Health Care (if not taken as part of core)	3
SPAN101/102/103	First Year Spanish I, II, III	4-4-4
SRV101	Service Learning	1
WR110	Understanding English Grammar	2

Sterile Processing Technician (7-8 credits)

BI234	Microbiology with lab	4
CG155	Exploring Careers in Health Care (if not taken as part of core)	3
SPAN101/102/103	First Year Spanish I, II, III	4-4-4
SRV101	Service Learning	1

¹ Some programs require higher-level anatomy and physiology coursework (BI121/BI122 or BI231/BI232/BI233). See specific program graduation guides for details. Students who have completed either BI121 and BI122 or BI231, BI232 and BI233 (the entire sequence of either series) with an equivalent "C" or better grade do not need to take BI100SB.

² Corequisite: WR115.

³ Massage courses are available only with instructor approval and are limited in availability.

For more information contact the Allied Health Department:

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