

# Human Services

Holland code family: Helpers

## About the Program

The Human Services program is designed to provide pre-employment training and education for entry-level social service workers and substance abuse counselors through classroom studies and practical experience. They may be serving people in such areas as senior services, crisis counseling, corrections, health, recreation, developmental disabilities, residential treatment or chemical dependency. The agencies provide inpatient and outpatient programs. Students are prepared during the second year of the program to take the exam that provides Certified Alcohol Drug Counselor (CADC) Level 1 certification.

Some courses in this program may not transfer to other institutions. Students intending to transfer should seek advisor assistance to determine transferability.

## Program Learning Outcomes

The curriculum in RCC courses is derived from a set of identified learning outcomes that are relevant to the discipline. Program learning outcomes for human service programs are:

Apply principals of ethical decision making in the human services field and practice ethical behavior in relation to self and others within the helping relationship.

Establish rapport and a therapeutic alliance with clients through the demonstration of empathy, genuineness, congruence, and unconditional positive regard.

Promote personal growth in self and others by practicing positive living, optimism, self-examination and willingness to change.

Exhibit sensitivity and insight into the wide variety of problems in living experienced by individuals and groups in contemporary society.

Demonstrate clinical skills of screening, assessment, treatment planning, termination and referral.

Incorporate knowledge about the interrelated effects of addictions, poverty, mental and physical illness, and homelessness on family dynamics and intimate relationships in an integrated approach to addressing issues of family and intimate partner violence, child abuse and neglect.

Demonstrate specific skills in active listening, motivational interviewing, group counseling, crisis intervention and management, and counseling chemically dependent, traumatized, mentally ill and emotionally disturbed clients, as well as those with co-occurring mental health and addictions diagnoses.

Function effectively as a member of a team in providing services, designing programs, and working collaboratively among agencies and organizations for the benefit of clients and the community.

Actively engage in continuing education, lifelong learning and pro-active self-care.

## Entry Requirements

Students are required to take the college placement test to determine skill level and readiness in math, reading and writing. As part of their training program, students must begin with the courses within their skill levels as determined by the placement test scores. In addition, students may be required to enroll in courses that would increase their employability and success.

Prospective students should be aware of entry requirements of human services agencies prior to considering human services as a career choice. Practicum placement may require passing a criminal history background check. The inability to pass this check may preclude completion of the program. Students in recovery seeking placement in substance abuse treatment programs may also be required to demonstrate two years' sobriety. More information is available from the Human Services Department.

Human Services is a limited-entry program requiring completion of an application that includes a writing sample and personal references. For more information on how to apply, including application deadlines, visit the Human Services website at [www.roguecc.edu/humanservices](http://www.roguecc.edu/humanservices).

## Advanced Standing

Coursework from accredited colleges and universities will be accepted in accordance with college policies and the Human Services Department coordinator's approval. In order to ensure that coursework is current, social science courses over 10 years old must be reviewed and approved by the appropriate department chair before being accepted toward core requirements. Each College Now credit student must meet with a faculty member to determine placement.



## Graduation Requirements

Students completing the required credits in this program with a grade of "C" or better and passing the counseling skills competency requirement as demonstrated through a series of videotaped counseling interviews will receive their degrees. Certain required courses are graded on a pass/no pass basis only. A grade of "P" for these courses indicates a student earned the equivalent of a "C" or better grade. A total of 660 hours of documented practicum (20 credits) is required. A minimum of four practicum seminars must also be completed.

## Prerequisites <sup>1</sup>

Course No.	Course Title	Credits
CS/CIS	Approved 3-4 credit Computer Science or Computer Information Science class, CS120/CIS120 or above, or documented computer proficiency within the past ten years.	0-4
MTH63	Applied Algebra I or MTH60 Fundamentals of Algebra I or BT160 Business Math or higher level math	4
PSY101	Psychology of Human Relations	3
SP111	Fundamentals of Public Speaking	4
WR121	English Composition I	4
<b>Total Prerequisite Credits</b>		<b>15-19</b>

## Required First Year Courses

Course No.	Course Title	Credits
<b>First Term</b>		
HS100	Introduction to Human Services	3
HS170	Introduction to Practicum	3
LIB127	Introduction to Academic Research	1
PSY201	General Psychology I	4
PSY231	Human Sexuality	3
SOC243	Drugs, Crime and Addiction	4
		<b>18</b>
<b>Second Term</b>		
CG144	Introduction to Assertiveness	1
HS152	Stress Management	1
HS155	Interviewing Theory and Techniques	4
HS175	Ethics for Counselors	1
HS261C	Human Services Practicum and Seminar	3
PSY202	General Psychology II	4
PSY215	Life Span Human Development	4
		<b>18</b>

**Third Term**

HE208	HIV and Infectious Diseases	1
HS261D	Human Services Practicum and Seminar	4
HS115	Principles of Client Record Management	1
HS158	Trauma-informed Care: Theory and Practice	3
HS202	Counseling the Chemically Dependent Client I	3
PSY228	Introduction to Positive Psychology	4
—	Approved program elective	<u>0-2</u>

16-18

**Total First Year Credits 52-54**

**Required Second Year Courses**

<b>Course No.</b>	<b>Course Title</b>	<b>Credits</b>
-------------------	---------------------	----------------

**Fourth Term**

HDFS260	Child Abuse and Neglect	3
HS201	Family Dynamics	3
HS210	Motivational Interviewing	3
HS261D	Human Services Practicum and Seminar	4
PSY219	Introduction to Abnormal Psychology	<u>4</u>

17

**Fifth Term**

HS260	Group Counseling	4
HS261D	Human Services Practicum and Seminar	4
HS266	Crisis Intervention Strategies	3
HS268	Co-occurring Disorders: Introductory Theory and Counseling	3
SOC230	Introduction to Gerontology	<u>4</u>

18

**Sixth Term**

HE261	CPR/Basic Life Support Provider	1
HS261E	Human Services Practicum and Seminar	5
HS265	Counseling Theories	3
SOC213	Race and Ethnicity in the U.S.	4
—	Approved program electives	<u>0-6</u>

13-19

**Total Second Year Credits 48-54**

**TOTAL PROGRAM CREDITS 100-108**

**Approved Program Electives**

<b>Course No.</b>	<b>Course Title</b>	<b>Credits</b>
-------------------	---------------------	----------------

BA109	Ready, Set, Work: Techniques for Landing a Job	2
HC100	Community Health Worker	6
HS204	Counseling Chemically Dependent Client II	3
PSY119	Psychology of Personal Growth	4
SOC211	Social Deviance and Social Control	3
SOC218	Sociology of Gender	4
SOC221/CJ201	Juvenile Delinquency	4
SOC225	Social Problems and Solutions	4
SOC235/HST259	The Chicano/Latino Historical Experience	4
SOC237	Communication, Relationships and Technology	4

<sup>1</sup> All prerequisite courses are required for graduation and may include additional classes based on placement scores.

For more information contact the Human Services Department:

- Grants Pass or Medford. . . . . 541-245-7504
- Toll free in Oregon . . . . . 800-411-6508, Ext. 7504
- email . . . . . humanservices@rogucecc.edu
- Web address . . . . . www.rogucecc.edu/humanservices
- TTY . . . . . Oregon Telecom Relay Service, 711

This advising guide is for advising purposes only. Please see current college catalog for additional information on specific college policies and graduation requirements.

RCC is an open institution and does not discriminate. For RCC's non-discrimination policy and a full list of regulatory specific contact persons visit the following webpage: [www.rogucecc.edu/nondiscrimination](http://www.rogucecc.edu/nondiscrimination).

