RCC class shows how to grow food right at home

Learn how to transform your backyard into a steady, year-round source of fruits and vegetables in a new Rogue Community College class. “Eat Your Yard – Backyard Gardening and Food Systems” is an RCC Community Education course that will focus on growing delicious, healthy food.

Scott McGuire, a local-food and gardening specialist, will teach this nine-session class that begins March 29. It meets 7-8:30 p.m. Mondays through May 24, on the RCC Riverside Campus in Medford, Higher Education Center, Room 117. Tuition is $92.

McGuire will provide insight and techniques on how to achieve the best nutrition possible, all while working within natural, organic principles.

“This class will be comprehensive, but not overwhelming for novices,” said McGuire. “But I also want to challenge experienced gardeners to branch out a bit. We have the ability in this valley to grow so many different things; a year-round food supply is very achievable.”

Class topics include: tools, compost and soil building, site assessment and garden design, nursery craft, greenhouse culture, seed-saving and plant propagation. Herbs and flowers for medicine, bees, chickens and rabbits, permaculture orchards and perennial fruits will also be covered.

McGuire, who studied agro-ecology at the University of California at Santa Cruz, has been a farmer or gardener ever since. He's guided the creation of many public and private gardens in southern Oregon for the past 20 years.

For more information or to register by phone, call 541-245-7616, or visit http://www.roguecc.edu/CommunityEd/

###

Contact information: Kenton Gould, Community Education Coordinator, Jackson County, 541-245-7707 or at k Gould@roguecc.edu

N10-45