

Here is what some of our TRiO Students had to say about the Tuition free classes TRiO/SSS offers.

CG100:

“I liked this class. It is very useful and I would recommend this class to others. Peer tutors, mentors, the whole TRiO is an asset to college students like myself.”

HD114:

“I was able to hone in on what I wish to do with both academics and career as well as personal development.”

HD 215:

“What I liked best is that you help untangle the mass web of confusion that is transferring.”

TRiO/SSS Tuition Free Classes

Classes offered Fall through Spring, see current class schedule.

CG 100

College Success and Survival, 3 credits

Helps TRiO students make personal and social adjustments for college success. Focuses on general college success skills, college/university transfer requirements and preparation. This class also introduces students to college terms and information, class choice, degree requirements, use of library, tours, and student services. Students will learn to manage personal strengths and weaknesses, balance work, school and home demands, financial planning, study partnerships, and stress and time management.

HD 114

Life Planning, 2 credits

This course is offered exclusively to TRiO students. The course provides students with a wide array of useful life planning and management tools. During the course, students try integrating skills in self assessment, goal setting, decision making, and plan implementation.

HD 215

Transfer Success, 2 credits

Prepares TRiO students for transfer to a four-year college or university. Focuses on understanding the different types of educational institutions, development of strategies for choosing a transfer institution and major, identification of resources to assist in the transfer process, and information for obtaining financial aid including scholarships. Students will receive training in CIS (Career Information Systems) and use various school web sites to aid in decision making.

TRiO
STUDENT SUPPORT SERVICES



Rogue Community College

Redwood Campus, Grants Pass