

Massage Therapy

Certificate of Completion

2009-10 Academic Year
Major Code: 513501

About the Program

The Massage Therapy one-year certificate program provides a comprehensive combination of classroom and hands-on experience in massage therapy. The courses and total hours meet the requirements for application to the Oregon Board of Massage Therapists Practical Examination, the Federation of State Massage Therapy Board's Licensing Examination, and the National Certification Board for Therapeutic Massage and Bodywork Certification Examination. Oregon law, however, sets the qualifications for certification of applicants. Grounds for denial of state licensure include physical or mental conditions that would make an applicant unable to safely conduct a massage, or conviction of a crime that bears a demonstrable relationship to the practice of massage. See Oregon Law 687.081.

Entry Requirements

Students are required to take a placement test to determine skill level and readiness in math, reading and writing. As part of their training program, students must begin with the courses within their skill levels as determined by placement test scores. In addition, students may also be required to enroll in classes that would increase their employability and success.

Massage Therapy is a limited-entry program. The timeline for submitting program application materials for fall 2010 admission is April 1-June 24, 2010. Applicants will be accepted on a first come first served basis once prerequisites are completed. It is recommended that students receive rubella, Hepatitis A, and Hepatitis B series immunizations prior to entering the program. A tuberculin test, drug and alcohol test, and a criminal background check may be required for cooperative work experience activities. Students are required to buy massage student liability insurance prior to enrolling in MT102 (approximately \$65). Students must attend a mandatory orientation prior to the beginning of fall term.

Advanced Standing

Coursework from accredited colleges and universities will be accepted in accordance with college policies and the Massage Therapy Department head's approval. Sealed official transcripts and a transcript evaluation form must be submitted to Rogue Central Services for Students by May 1 to be considered in the application process.

Graduation Requirements

Students completing all credits in this program with a grade of "C" or better will receive their certificates. Certain required courses are graded on a pass/no pass basis only. A grade of "P" for these courses indicates a student earned a "C" or better grade. Credits earned in this program can be applied to the Associate of General Studies degree.

Prerequisites

Course No.	Course Title	Credits
MTH20	Pre-algebra (or designated placement test score as shown on current indicator chart)	4
RD30	College Reading II (or designated placement test score as shown on current indicator chart)	4
WR115 BT113	Introduction to Expository Writing or Business English I or higher level composition ¹	3

Suggested Preparatory Courses

Course No.	Course Title	Credits
CHEM104	Introductory Chemistry w/lab and recitation	5
MO100	Medical Terminology: Introduction	3

Required Courses

Course No.	Course Title	Credits
First Term		
BI121	Elementary Anatomy and Physiology I w/lab or	
BI231	Anatomy and Physiology I w/lab ²	4
MT100	Massage I – Basic Swedish	2
MT101	Traditional Asian Bodywork I	2
MT108	Kinesiology for Massage Therapists w/lab	4
PSY101	Psychology of Human Relations or	
BT101	Human Relations in Organizations	3
—	Approved program elective	<u>2</u>
		17
Second Term		
BI122	Elementary Anatomy and Physiology II w/lab or	
BI232	Anatomy and Physiology II w/lab and	
BI233	Anatomy and Physiology III w/lab ²	4-8
MT102	Massage II – Swedish	2
MT105	Massage Therapeutics: Hydrotherapy and Massage for Cancer Patients	3
MT106	Integrated Studies in Massage I (Upper Body)	2
MT109	Pathology for Massage Therapists	4
MT121	Asian Bodywork II	<u>2</u>
		17-21
Third Term		
—	Approved 3-4 credit computer science class, CS120 or above (or documented computer proficiency) ³	0-4
HE261	CPR or	
HE252	First Aid/CPR or	
9.167	Emergency First Aid	1-3
MT103	Massage III – Swedish	2
MT107	Integrated Studies in Massage II (Lower Body)	2
MT116	Massage Exam Review	2
MT120A	Business for Massage Therapists and	1
MT120B	Business for Massage Therapists and	1
MT120C	Business for Massage Therapists or	1
BT250	Entrepreneurship	3
MT180	Cooperative Work Experience/Massage Practicum	1
MTH60	Fundamentals of Algebra I or	
BT160	Business Math or higher level math	4
—	Approved program electives	<u>0-2</u>
		15-23
TOTAL PROGRAM CREDITS		49-61

Approved Program Electives (2-4 credits required)

Course No.	Course Title	Credits
BA109	Ready, Set, Work: Techniques for Landing a Job	2
BT199	Selected Topic: Business	variable
HE250	Personal Health	3
HE252	First Aid (if not taken as required course)	3
—	Humanities electives (see RCC catalog for approved list of electives)	4
MTH65	Fundamentals of Algebra II or higher level math	4-5
MT110	Polarity Therapy	2
MT111	Sport Massage	2

Course No.	Course Title	Credits
MT112	Massage for Pregnancy and Infant/Child	2
MT113	Myofascial Release	2
MT115	Trigger Point Therapy	2
MT117	Body Maintenance for Massage Therapists	1
MT118	Deep Tissue Massage	2
MT130	Polarity Therapy II	2
MT180	Cooperative Work Experience/Massage	variable
MT199	Selected Topics: Massage	variable
NFM225	Nutrition	4
PE185	Physical Conditioning	1-2
PSY119	Life Processes	4
PSY215	Life Span Human Development	4
—	Social science elective(s) (see RCC catalog for approved list of electives)	4
SP100	Basic Communication	3
SP218	Interpersonal Communication	4

¹ Required for graduation.

² BI211 is a prerequisite for BI231. If BI231 is taken, students must also complete BI232 and BI233.

³ Successful completion of CS101 or otherwise meeting the proficiency requirement within the last 10 years fulfills this requirement.

For more information contact the Massage Therapy Department head:

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This advising guide is for advising purposes only. Please see current college catalog for additional information on specific college policies and graduation requirements.

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