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Seminar offers support for families of deployed service members

A free six-week seminar titled “Home Front Preparation” is being offered by Rogue Community College, the Grants Pass Vet Center, and the Oregon Employment Division.

Designed to provide information about issues that may affect families of deployed troops, the class will meet from 6 to 7:30 p.m. Thursdays, Oct. 1 through Nov. 12 at the RCC Table Rock Campus, 7800 Pacific Ave., White City.

The class will explore some of the issues that may affect service personnel returning from combat and, ultimately, their family system, according to RCC Counselor Tom Pike.

“By taking this class, you will be more prepared to successfully integrate your deployed loved one back into your life when they return from service,” Pike said. “You will learn about issues that may arise when they are readjusting to civilian life including depression, grief, anger, chronic pain, sleep disorders, substance abuse, and secondary trauma.”

For more information or to enroll, call the Grants Pass Vet Center at 479-6912.

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