

YMCA CHILD CARE @RCC

DAILY SCHEDULE

- 7:30-8:15 GREETING *Parents sign in their children. Children hang coats & wash hands. Open exploration.*
- 8:15-8:30 Transition Period *Children put away toys. Use restroom & wash hands.*
- 8:30-9:30 BREAKFAST *Together family style w/ opening or song.*
- 9:30-10:00 CIRCLE *Music, special helpers, sharing, calendar, weather, and pledge.*
- 10:00-10:20 SMALL GROUPS *For specific developmental instruction. Divide group to use different classrooms; trade places in 10 minutes.*
- 10:20-10:50 PLAYTIME *Open exploration in all learning areas.*
- 10:50-11:00 Transition Period *Children put away toys*
- 11:00-11:35 OUTSIDE *Bikes or playground.*
- 11:35-11:45 Transition Period *Use the restrooms & wash hands.*
- 11:30-12:30 LUNCH *Toddlers star at 11:30; Preschoolers at 11:45 Put away lunch, brush teeth, use restroom & wash hands. Head Start Buses drop off & pick up.*
- 12:30-1:00 Transition Period *Children look at books until all are lying down or picked up by parents.*
- 1:00-2:00 NAP *Staff rub children's backs & play soft music to relax the children.*
- 2:00-2:45 Quiet Play *as children wake up & put away bedding.*
- 2:45-3:00 Transition Period *Use restroom & wash hands.*
- 3:00-3:30 PM SNACK *Together family style.*
- 3:30-4:30 OUTSIDE *Weather permitting* or EXPRESSIVE ARTS *Music, Dance, Painting, Tumbling, or Computers.*
- 4:30-5:30 MOVIE or OPEN EXPLORATION & GOODBYES *Staff can do housekeeping duties at this time while stopping to greet parents & say goodbye to families.*
- 5:00-5:30 STAFF *need to finish cleaning. Then turn out lights & lock doors as leaving.*

GATHERING SONG

*THE MORE WE GET TOGETHER, TOGETHER, TOGETHER.
THE MORE WE GET TOGETHER, THE HAPPIER WE'LL BE.
CAUSE YOUR FRIENDS ARE MY FRIENDS.
AND MY FRIENDS ARE YOUR FRIENDS.
THE MORE WE GET TOGETHER THE HAPPIER WE'LL BE.*