

Education and career planning

Counseling

www.roguecc.edu/Counseling

- Student Services Building, Redwood Campus, (541) 956-7190
- G Building, Riverside Campus, (541) 245-7552
- Table Rock Campus, Room 187, (541) 245-7863

RCC provides comprehensive counseling services to assist students and prospective students with education and career plans and with personal or social concerns.

Licensed professional counselors are available and offer the following services on a limited drop-in basis and by appointment.

Services include the following:

- Placement testing
- Osprey new student orientation
- Academic advising and progress
- Help in choosing a major
- Crisis intervention
- Conflict resolution
- Career and life planning
- Computerized career information and career library
- Internet access to career, job market, and scholarship information
- Transfer advising
- Early intervention

Academic advising

Academic advising is provided by trained faculty and staff, who can answer questions about college and educational objectives, help with program planning and class selection to meet academic goals, answer questions about transferring to other colleges and help contact the transfer college. Academic advisors also will monitor students' progress and provide help when needed.

Counseling Department advisors see new students and those who are undecided about their majors. Call to schedule an appointment. Students working on Academic Skills level classes may make advising appointments through the Adult Basic Skills Department, (541) 245-7701 at the Riverside Campus, or (541) 956-7253 at the Redwood Campus.

Career and Technical Education students and those who are program-ready (have a declared major or have completed/tested above RD30, WR115, MTH60) should see their program advisors. Call the number listed for individual departments, which is included with specific program information on pages 53-174 in this catalog.

Appointments should be made by Oct. 31 for winter-term advising, by Feb. 14 for spring-term advising, and by May 1 for summer- and/or fall-term advising.

Career counseling/planning

Students may receive career counseling and planning assistance including interest and values assessment, and individual career counseling. Computerized information on careers, job market information, and related training programs also are available in the Counseling Department.

Retention counseling

College students normally experience many challenges and changes. Meeting with a counselor may help with the demands of college. Counselors provide professional counseling services to assist students with concerns that may create barriers to success. Students at Rogue Community College may obtain short-term, solution-focused counseling at no charge. Some of the reasons why students seek counseling services are:

- To reduce test and math anxiety
- To increase self-esteem and enhance personal growth
- To gain stress management skills
- To develop and maintain healthy relationships
- To balance demands of family, school and work
- To learn conflict resolution strategies
- To become a more effective problem solver
- To receive referrals for off-campus counseling services

Choosing a major

Choosing a major can be a difficult decision. Nearly two-thirds of all college freshmen have yet to decide on a major, and between 55 and 60 percent of college students change their majors at least once.

RCC counselors are available to assist students in this process.

A choice of college major does not necessarily determine a student's career, but it is an important factor to consider. Choosing a college major will likely involve exploring one or more of the following areas:

- Self – Learning more about yourself means identifying your aptitudes, interest areas, preferences, and skills.
- Academic programs – RCC has a variety of certificate and degree programs. Identifying the “right” program for you requires that you first know what's available.
- Career options – Increasing your awareness regarding local employment opportunities and state and national labor market trends, as well as learning about specific job responsibilities for careers of interest, are important steps toward choosing your college major.

Substance abuse referrals

Students who would like information regarding alcohol or drug treatment agencies are urged to contact the Counseling Department for assistance and referrals. Crisis service also is available on a 24-hour basis through Helpline at (541) 479-HELP or (541) 779-4357.

Student Services Assistants

Student Services Assistants (SSAs) are a select group of students trained to assist other RCC students.

SSAs usually work 10-15 hours a week in a program that combines work and education. Their activities and projects benefit students and staff. They assist with scheduling placement tests, help with computerized career programs, provide information about college procedures and resources, provide moral support, and take I.D. pictures at registration.

Career Pathways

www.roguecc.edu/pathways

- Redwood Campus, (541) 956-7192
- Riverside Campus, (541) 245-7552
- Table Rock Campus, (541) 245-7863

Career Pathways focus on attaining certificates and degrees that lead to high demand occupations and higher wages.

Pathways are a key component of Oregon's overall education, workforce development, and economic development strategies. Pathways focus in supporting transitions for students coming to community college to reach their goals.

- High school to post-secondary education
- Pre-college (ABE/GED/ESL/AS) preparation
- Industry experience wanting skills and degree upgrade
- Career seekers and changers, and
- Transferring from community college to university

Career Pathways provide opportunities to earn short term certificates (12-44 credits) that prepare students for specific career opportunities. Career Pathways certificates can lead to completion of one-year certificates, two-year associate degrees, bachelor's and master's degrees, and employment. Students determine what path to take and how long it will take to reach their career goals. Specific Career Pathways certificates are available at RCC. See a counselor for details or visit the Career Pathways Web site.

Discovery programs

www.roguecc.edu/Discovery

Moving On

L Building, Redwood Campus,
(541) 956-7323

Bright Futures

G Building, Riverside Campus,
(541) 245-7538

These cohort programs provide a guided entry into a college experience. Through a set of classes which utilize a creative instructional approach, students will have the opportunity to increase self-confidence, set life and career goals, assess skills and interests, gain hands-on technical and trades experience, focus on careers that pay a living wage, identify educational opportunities and develop training plans.

Faculty, staff and peers offer support and encouragement in welcoming and comfortable student centers. Some assistance for childcare and transportation is available. There is no fee for these programs.

Human Development

- Student Services Building, Redwood Campus, (541) 956-7190
- G Building, Riverside Campus, (541) 245-7552

The Human Development Department offers a variety of classes for students and community members, aimed at building personal skills and overcoming barriers to success.

CG105, Scholarship Essay Writing, is a one-credit class that can help students write winning scholarship essays.

College success classes, HD50 and HD100, are tuition-free and help new students by providing information about RCC programs, choosing a major, and strategies for academic success.

Continuing students will find numerous workshops related to academic planning and personal development. Workshops are offered twice a year focusing on information and issues for students transferring to four-year colleges and universities. (Program courses numbered lower than 100 are not financial aid eligible.)

Individualized Career Training

www.roguecc.edu/ICT

- Redwood Campus, (541) 956-7027
- Riverside Campus, (541) 245-7560

Individualized Career Training offers a wide variety of personalized opportunities for vocational training gained through hands-on work experience at local business sites. These programs provide students with an avenue to become trained in a specific field which has a local labor market and for which there is no existing college program.

Occupational Skills Training (OST)

A state-approved, one-year certificate program. Based on the student's specific career goal, a training plan combining academic classes and worksite learning is developed. The core coursework of OST is found in individualized, on-the-job training designed to meet the industry standards of specific occupations. General education requirements and career-related college coursework

are also included in the program. See page 134 for details.

Employment Skills Training (EST)

A state approved, Workforce Investment Act (WIA) eligible, less-than-one-year certificate program. It is not financial aid eligible. EST is an individualized program of 12-44 credits that combines credit classes and on-the-job training. It is designed to prepare the student for entry-level employment in a specific job for which EST's abbreviated amount of coursework and training is sufficient. See page 127 for details.

Cooperative Work Experience (CWE)

Allows students to earn hands-on experience in their major area of study with local businesses while earning college credit. Check with program advisors for additional information. (Financial-aid eligible if part of an aid-eligible program.)

Employer services

Individualized Career Training programs (ICT) and Cooperative Work Experience (CWE) allow RCC to partner with local businesses to provide community-training sites for students wanting to gain work experience. Employers receive extra help for their businesses and the ability to effectively screen potential applicants.

Students typically work 100-200 hours per 11-week term either as volunteers or paid employees. The college provides Worker's Compensation insurance for students who are volunteering. Call Individualized Career Training for details, 956-7027 or 245-7560.

Transiciones

Latino Programs, B Building, Riverside Campus, (541) 245-7722

This bilingual program is designed for Latinos who want to understand the American educational system and workforce. The class will introduce American education cultural expectations and skills employers want in three growth areas: self-esteem, developing positive attitudes, and improving communication skills. How to make decisions and set goals will also be taught.

Benefits of the program include:

- Bilingual instruction
- Understanding the American education system
- Meeting local employers
- Improving a resumé
- Getting a better job
- H.O.L.A. (Helping Oregon Latinos Advance) is a week-long summer program to assist recent Latino high school graduates learn about RCC and how to be successful in college.

TRiO programs

TRiO/Education Opportunity Centers

www.roguecc.edu/TRiOEOC

- Wiseman Center, Redwood Campus, (541) 956-7097
- G Building, Riverside Campus, (541) 245-7699
- Kerby Belt Bldg., Illinois Valley, (541) 956-7455

The TRiO Educational Opportunity Center provides counseling, information, and assistance on all aspects of college admissions to qualified high school seniors and adults who want to enter or continue a program of postsecondary education. Serving Jackson and Josephine counties, TRiO/EOC provides services free of charge to income qualified participants, including:

- Academic advice
- Career workshops
- Counseling for financial aid, scholarships, and loans
- Pre-college testing assistance
- Help completing applications for college admissions
- Assistance with test and college admission fees
- College research
- College tours and events

Eligible participants must meet one of the following criteria: be a first-generation college student (neither parent has a bachelor's degree); be classified as low income by federal guidelines; or be a U.S. citizen,

national, or permanent resident with an alien registration number.

TRiO/Student Support Services

www.roguecc.edu/TRiOSSS

Josephine Building, Redwood Campus, (541) 956-7342

TRiO/SSS assists students at the Redwood Campus who intend to transfer to a four-year institution and complete a bachelor's degree. Students receive enhanced support, at no additional charge, as they successfully complete RCC courses and prepare to transfer to a university or four-year college.

Eligible students must meet one of the following criteria: have been raised by parents or caregivers who have not earned a bachelor's degree, have financial barriers, or have a documented disability.

Students also must have completed or be currently enrolled in MTH60 and WR115.

Services provided by TRiO/SSS:

- Academic and transfer advising
- Academic lab
- Career and financial planning
- Peer tutoring and mentoring
- Scholarship and financial aid workshops
- Study and support groups for college success
- Student lounge with computers and kitchen area
- University tours and cultural activities
- Tuition-free transfer classes
- Network of friends, family and staff

The TRiO Student Support Services program at Rogue Community College is funded by a federal TRiO grant that averages \$251,316 a year.

TRiO/Educational Talent Search

www.roguecc.edu/TRiOETS

Table Rock Campus, (541) 245-7747

The TRiO Talent Search program serves middle and high school students in Jackson County who may benefit from services designed to enhance persistence and graduation rates. Services are offered at no cost to

eligible participants attending target schools.

Services include:

- Support for high school and middle school students (grades 6-12)
- Grade-specific "college-prep" workshops
- Academic and pre-college planning activities
- Academic tutoring and mentoring
- Financial aid, scholarship and college admissions counseling
- Assistance with pre-college test preparation
- College application and test fee waivers

Eligible participants must meet one of the following criteria: be a first-generation college student (neither parent has a bachelor's degree); be classified as low income by federal guidelines; or be a U.S. citizen, national, or permanent resident with an alien registration number.